

**Requests from Bridget Belgrave and Gina Lawrie
(co-creators of the NVC Dance Floors)
to those using the Dance Floors**

All the below are requests that really matter to us. Please consider them with care.

If you are willing to act on our requests this would fulfil our needs for:

Connection, encouragement, recognition, consistency, clarity, respect for our efforts in the development of this work, sustaining the quality of the work, effective use of everyone's time, financial sustainability, cooperation, mutual care, contributing to life.

If you want to use our Dance Floor materials

- Consult our website to find out how to get Dance Floors in your language.
- If our prices prevent you obtaining the items you want, please contact us to discuss options.
- Please do not copy or create your own set.

If you use the Dance Floors with a group

- We recommend that you study from the 'How To' guidelines, the YouTube video, the Dance Floor DVDs, and the Facilitator's Handbook (available in English, French, German, Mandarin).
- Please give this page to each person in your group (when relevant).
- Give our website address so your participants can find out more about the Dance Floors.

If you make adaptations, or something similar, based on the NVC Dance Floors

- Choose a new name for it, that clearly distinguishes it from 'Dance Floors' or any translation of 'Dance Floors' into other languages.
- Print on your version: 'Adapted from (or Inspired by, or Based on) 'The NVC Dance Floors' by Bridget Belgrave & Gina Lawrie, www.NvcDanceFloors.com'
- Please use our colour coding, for consistency.
- Send us a copy of your materials, if you are willing. We are interested in what emerges!

If you run a workshop/training that is mainly about the Dance Floors

- Write on your publicity: 'The NVC Dance Floors are a method for learning NVC co-created by Bridget Belgrave and Gina Lawrie, www.NvcDanceFloors.com'

If you want to translate the Dance Floors

- Please contact us before you begin to make a translation agreement with us.

If you would like to contribute to our ability to make the Dance Floors available to people with few economic resources, please make a donation via our online shop, or by contacting us.

We value your cooperation!

Feel free to contact us at:

admin@NvcDanceFloors.com

www.NvcDanceFloors.com